

NURSING SKILLS INVENTORY

Student: _____

To the Student:

Purpose: This tool is provided to help keep a record of the skills you have performed. It will aid in assessment and planning for each clinical rotation; promote increased skill acquisition, confidence and competence for the student nurse; and facilitate individualized teaching/learning throughout the clinical education process.

- 1) It is the student's responsibility to maintain this skills checklist
- 2) Share skill list with Clinical Faculty at the beginning and end of each clinical rotation.
 - a) School faculty is to verify successful return demonstration of skill in learning lab.
 - b) Student completes the skills self-evaluation prior to the beginning of each clinical rotation.
 - c) Student documents the date when the skill has been successfully demonstrated in the clinical setting; indicates skill level and initial as student.

School Faculty:

- 1) Indicate(*) skills appropriate for student level of process and per curriculum guidelines.
- 2) Document the date when the skill has been successfully demonstrated in a non-clinical setting (i.e. skills lab); and initial as faculty.

Preceptor/RN staff personnel:

- 1) Familiarize the student with the location of available resources and references
- 2) Document the date when the skill has been successfully demonstrated in the clinical setting; and initial as preceptor.

Clinical Faculty:

- 1) Ensure that the student is familiar with the appropriate resources and references

Record your signature with initials below:

Signature	Initials	Facility	Signature	Initials	Facility

NURSING SKILLS INVENTORY

Updated 11.2008

Student: _____

The student has correctly demonstrated the following nursing skills. Refer to clinical nursing skills and techniques foundations textbook for specific skill criteria.

Nursing Skills List	Successfully completed return demonstration in simulated lab. Faculty initials/date	Care of the Adult Client Successfully completed return demonstration in the clinical setting (I) Independent (A) Assisted Student and/or RN initials/date	Care of the Pediatric Client Successfully completed return demonstration in the clinical setting (I) Independent (A) Assisted Student and/or RN initials/date	Student Self-Assessment What level of confidence do you have with the following skills? Rate the skills using this scale: L=Low M=Moderate H=High *=Have not previously performed this skill
Supporting the Client Through the Health Care System				
Admitting, Transfer, and Discharge:				
Admitting Clients:				
Admission Health History				
Admission Assessment				
Transferring Clients (Interagency)				
Discharging Clients				
Communication:				
Establishing Therapeutic Communication				
Hand-off Communication: SBAR				
Recording and Reporting:				
Documenting in the Client Record				
Giving a Change-of –Shift Report				
Incident Reporting				
Other:				

Nursing Skills List	Return demonstration in simulated lab	Care of the Adult Client	Care of the Pediatric Client	Student Self-Assessment
Safety and Comfort				
Safety:				
Fall Prevention				
Seizure Precautions				
Applying Restraints:				
Vest				
Limb				
Mittens				
Comfort:				
Removing Painful Stimuli				
Nonpharmacological Aids to Promote Comfort				
Pain Management Systems:				
Pain Assessment: Pain Scale/Other				
Patient-Controlled Analgesia:				
Set-up				
Monitoring/Maintaining				
Discontinuing				
Epidural Analgesia:				
Set-up				
Monitoring/Maintaining				
Discontinuing				
Other:				
Hygiene				
Bathing and Skin Care:				
Bathing a Client				
Providing Perineal/Foley Catheter Care				

Brushing Teeth				
Performing Mouth Care for the Unconscious or Debilitated Client				
Nursing Skills List	Return demonstration in simulated lab	Care of the Adult Client	Care of the Pediatric Client	Student Self-Assessment
Cleaning Dentures				
Shampooing Hair of a Bedridden Client				
Shaving a Client				
Performing Nail and Foot Care				
Care of the Client's Environment:				
Making an Unoccupied Bed				
Making an Occupied Bed				
Pressure Ulcer Care:				
Risk Assessment and Prevention Strategies				
Treatment of Pressure Ulcers				
Care of Eye and Ear Prostheses:				
Taking Care of Contact Lenses				
Taking Care of an In-the-Ear Hearing Aid				
Other:				
Vital Signs and Physical Assessment				
Vital Signs:				
Measuring Body Temperature				
Assessing Apical Pulse				
Assessing Radial Pulse				
Assessing Peripheral Pulses				
Utilization of a Doppler				
Assessing Arterial Blood Pressure:				
Manual Blood Pressure				
Upper Extremity				

Lower Extremity				
Automatic/Dynamap				
Nursing Skills List	Return demonstration in simulated lab	Care of the Adult Client	Care of the Pediatric Client	Student Self-Assessment
Assessing Respirations				
Measuring Oxygen Saturation (Pulse Ox)				
Physical Examination and Health Assessment:				
Performing a General Physical Assessment				
Assessing the Neurological System				
Assessing the EENT (Eyes, Ears, Nose, Throat)				
Assessing the Respiratory System				
Assessing the Cardiovascular / Circulatory System				
Assessing Gastrointestinal System				
Assessing the Musculoskeletal System				
Assessing the Integumentary System				
Assessing the Reproductive System				
Other:				
Oxygenation				
Oxygen Therapy:				
Applying a Nasal Cannula				
Applying an Oxygen Mask				
Administering Oxygen Therapy to a Client with an Artificial Airway				
Using Incentive Spirometry				
Care of the Client on Mechanical Ventilation				
Measuring Peak Expiratory Flow Rates				
Performing Chest Physiotherapy:				

Performing Postural Drainage				
Performing Percussion, Vibration, and Rib Shaking				
Nursing Skills List	Return demonstration in simulated lab	Care of the Adult Client	Care of the Pediatric Client	Student Self-Assessment
Airway Maintenance:				
Performing Oral Pharyngeal (Yankauer) Suctioning				
Performing Nasal Pharyngeal and Nasal Tracheal Suctioning				
Performing Endotracheal or Tracheostomy Tube Suctioning				
Performing Endotracheal or Tracheostomy Tube Suctioning Using a Closed System (In-Line) Catheter				
Performing Endotracheal Tube Care				
Performing Tracheostomy Care				
Inflating the Cuff on an Endotracheal or Tracheostomy Tube				
Closed Chest Drainage Systems:				
Caring for Clients with Chest Tube Connected to Disposable Drainage System				
Removing Chest Tubes				
Postoperative Autotransfusion				
Emergency Measures for Life Support				
Performing Cardiopulmonary Resuscitation (CPR)				
Other:				
Medications				
Preparing For Medication Administration:				
Administration of Medication Utilizing 2 patient Identifiers				
“Five Rights” of Drug Administration: 6 th Right-Documentation				
Identify Guidelines for Safe Administration of Medications:				
Function Class/Chemical Class				
Action				

Indications and Uses				
Why this client is receiving this Medication				
Nursing Skills List	Return demonstration in simulated lab	Care of the Adult Client	Care of the Pediatric Client	Student Self-Assessment
Dosage and Route				
Contraindications				
Precautions				
Drug/Lab Interactions				
Drug Compatibilities				
Nursing Considerations				
Identify Aseptic Techniques Used in Preparing and Administering Medications				
Demonstrate Appropriate Drug Calculations and Confirmation with 2 RN's				
Utilization and Documentation on the Medication Administration Record				
Oral and Topical Medications:				
Administering Oral Medications				
Administering Medications by Nasogastric Tube / G-Tube / J-Tube				
Administering Medications to the Skin				
Administering Eye Medications				
Administering Ear Drops				
Administering Ear Irrigations				
Administering Nasal Instillations				
Using Metered-Dose Inhalers				
Administering Vaginal Instillations				
Administering Rectal Suppositories				
Parenteral Medications:				
Administering Insulin				
Preparing Injections from Ampules and Vials				
Mixing Medications from Two Vials				
Administering Intradermal				

Injections				
Administering Subcutaneous Injections				
Administering Intramuscular Injections				
Nursing Skills List	Return demonstration in simulated lab	Care of the Adult Client	Care of the Pediatric Client	Student Self-Assessment
Adding Medications to Intravenous Fluid Containers				
Administering Intravenous Medications by Intermittent Infusion Sets				
Administering Medications by Intravenous Bolus/Push				
Other:				
Fluid Balance				
Intravenous and Vascular Access Therapy:				
Initiating (Setting-up) Intravenous Therapy Includes Appropriate Marking/Dating/Labeling				
Inserting a Peripheral Intravenous Catheter				
Regulating Intravenous Flow Rate				
Changing Intravenous Solutions				
Changing Infusion Tubing Includes Appropriate Marking/Dating/Labeling				
Changing a Peripheral Intravenous Dressing				
Discontinuing Peripheral Intravenous Access				
Administration of Infusions Utilizing a Central Venous Catheter				
Obtaining a Blood Sample from a Central Venous Catheter				
Obtaining a Central Venous Pressure (CVP) Reading				
Changing a Central Venous Catheter Dressing				
Discontinuing a Central Venous Catheter				
Blood Therapy:				

Initiating (Setting-up) Blood Transfusion Set				
Observe Initiation of Blood Therapy Note* Blood must be checked at Bedside by 2 RN's				
Nursing Skills List	Return demonstration in simulated lab	Care of the Adult Client	Care of the Pediatric Client	Student Self-Assessment
Monitoring for Transfusion Reactions				
Assisting with Autologous Blood Transfusion				
Postoperative Autotransfusion				
Other:				
Nutrition				
Oral Nutrition:				
Performing Nutritional Assessment				
Assisting the Adult Client with Oral Nutrition				
Aspiration Precautions				
Enteral Nutrition:				
Intubating the Client with a Small-Bore Nasogastric or Nasointestinal Feeding Tube				
Verifying Tube Placement for a Large-Bore Feeding Tube				
Initiating (Setting-up) Enteral Feedings				
Maintaining/Monitoring Enteral Feedings				
Continuous				
Bolus/Gravity				
Gastrostomy Tube Site Care				
Parenteral Nutrition:				
Caring for the Client Receiving Central Parenteral Nutrition				
Caring for the Client Receiving Lipids				
Medication/Nutrition Pumps				
IV Infusion Pump				
Enteral Feeding Pump				
Other:				

Nursing Skills List	Return demonstration in simulated lab	Care of the Adult Client	Care of the Pediatric Client	Student Self-Assessment
Elimination				
Urinary Elimination:				
Measuring and Recording Intake and Output				
Assisting a Client to use a Urinal				
Inserting a Straight Catheter (Male)				
Inserting a Straight Catheter (Female)				
Inserting an Indwelling Catheter (Male)				
Inserting an Indwelling Catheter (Female)				
Care of the Indwelling Catheter				
Discontinuing an Indwelling Catheter				
Performing an Intermittent Catheter Irrigation				
Continuous Bladder Irrigation				
Applying a Condom Catheter				
Care of a Suprapubic Catheter				
Performing a Bladder Scan				
Bowel Elimination:				
Assisting a Client to Use a Bedpan				
Insertion of rectal tubes				
Removing a Fecal Impaction Digitally (Bowel Program)				
Administering an Enema:				
Large Volume				
Small Volume				
Ostomy Care:				
Pouching an Enterostomy				
Peristomal Skin Care				
Emptying/Rinsing a Colostomy/Ileostomy				
Irrigating a Colostomy				

Other:				
Nursing Skills List	Return demonstration in simulated lab	Care of the Adult Client	Care of the Pediatric Client	Student Self-Assessment
Posture, Mobility, and Ambulation				
Body Alignment and Mechanics:				
Maintaining Body Alignment				
Performing Safe and Efficient Lifting Techniques				
Transfer and Positioning:				
Using Safe and Effective Transfer Techniques				
Use of a Hoyer Lift				
Use of a Slide Board				
Use of a Transfer Belt				
Moving and Positioning Clients in Bed				
Exercise and Ambulation:				
Performing Range-of-Motion Exercises				
Performing Isometric Exercises				
Applying Elastic (Anti-Emboloc) Stockings				
Application and Maintenance of Sequential Compression Devices (SCD's)				
Application and Maintenance of Arterio-Venous Impulse System (AVI's)				
Changing Client's Position to Minimize Occurance of Orthostatic Hypotension				
Assisting with Ambulation				
Utilization of a Gait Belt				
Assistance of the Client with Crutches				
Assistance of the Client with a Walker				
Assistance of the Client with a Wheelchair				
Orthopedic Measures				
Application and Care of the Client				

with a Continuous Passive Motion (CPM) Device				
Application and Care of the Client with Buck's Traction				
Maintenance of an Orthopedic Cold Therapy Device (Cryo Cuff)				
Nursing Skills List	Return demonstration in simulated lab	Care of the Adult Client	Care of the Pediatric Client	Student Self-Assessment
Care of the Client with External Fixator/Pin Care				
Specialty Beds and Support Surfaces				
Care of the Client on a Specialty Bed/Support Surface				
Other:				
Prevention of Infection				
Medical Asepsis:				
Hand Hygiene				
Standard Precautions				
Appropriate Use of Personal Protective Equipment				
Appropriate Use/Disposal of Safety Devices/Needles/Sharps				
Appropriate Disposal of Linen				
Appropriate Disposal of Trash/Waste				
Caring for Clients under Isolation Precautions:				
Airborne				
Droplet				
Contact				
Sterile Technique:				
Preparing a Sterile Field				
Open Gloving				
Other:				
Care of the Surgical Client				

Preoperative and Postoperative Care:				
Identification Process				
Informed Consent				
Pre-Op				
Surgical Suite				
Time-Out Procedure				
Preparing the Client for Surgery				
Pre-op Checklist				
Nursing Skills List	Return demonstration in simulated lab	Care of the Adult Client	Care of the Pediatric Client	Student Self-Assessment
Caring for the Client with a Nasogastric Tube:				
Irrigating the Nasogastric Tube				
Maintaining Appropriate Suction with a Nasogastric Tube:				
Continuous Wall Suction				
Intermittent Gomco Suction				
Other:				
Dressings and Wound Care				
Dressings:				
Applying a Dry Dressing				
Applying a Moist-to-Damp Dressing				
Applying a Pressure Bandage				
Applying a Transparent Dressing				
Applying a Hydrocolloid or Hydrogel Dressing				
Applying Absorption and Alginate Dressings				
Binders and Bandages:				
Applying an Elastic Bandage				
Applying an Abdominal Binder, T-Binder, or Breast Binder				
Hot and Cold Therapy:				

Applying a Moist Hot Compress				
Assisting with Warm Soaks and Sitz Baths				
Applying Aquathermia and Heating Pads				
Applying Cold Applications				
Caring for Clients Requiring Hypothermia or Hyperthermia Blanket				
Nursing Skills List	Return demonstration in simulated lab	Care of the Adult Client	Care of the Pediatric Client	Student Self-Assessment
Wound Care and Irrigations:				
Performing Wound Irrigation				
Performing Suture and Staple Removal				
Application of Steri-Strips				
Care/Maintenance of Wound Drainage Systems				
Discontinuing Wound Drainage Systems				
Other:				
Special Procedures				
Specimen Collection:				
Collecting a Midstream (Clean-Voided) Urine Specimen				
Collecting a Timed Urine Specimen				
Collecting a Sterile Urine Specimen from an Indwelling Catheter				
Collecting a Straight-Catheter Urine Specimen				
Measuring Specific Gravity of Urine				
Measuring Chemical Properties of Urine: Glucose, Ketones, Protein, Blood, and pH				
Measuring Occult Blood in Stool				
Collecting Nose and Throat Specimens for Culture				
Collecting Sputum Specimens				
Obtaining/Testing Gastric Specimens				
Obtaining Wound Drainage Specimen				

Collecting Blood Specimens by Venipuncture				
Measuring Blood Glucose Level by Skin Puncture (Glucoscan)				
Care After Death:				
Care of the Body After Death				
Organ Donation Procedure				
Other:				