



COLORADO CENTER
for Nursing Excellence

IPCP Team Skills for Students Day 1

Daily Objective: Establish a foundation for building effective teams and identify how working in teams can impact social determinants of health.

Title	Objectives
Welcome and Introduction to Collaborative Practice Teams: Being a Team Member	<ol style="list-style-type: none">1. Establish a safe learning environment.2. Define IPCP (Interprofessional Collaborative Practice) teams and the role of team members in these healthcare teams.
Every Team Member has a Story: Getting to Know Each Other	<ol style="list-style-type: none">1. Examine the importance of developing relationships within IPCP teams.
The Importance of IPCP Teams in PCMH Transformation and FQHC's	<ol style="list-style-type: none">1. Explore the role of IPCP teams and Providers in PCMH transformation within Colorado community health clinics.
Social Determinates of Health: It takes a Team	<ol style="list-style-type: none">1. Review implications of social determinates of health to vulnerable populations in Colorado.2. Identify strategies for clinic IPCP teams to reduce the burden of SDOH.
Emotional Intelligence: Impact on Team	<ol style="list-style-type: none">1. Define emotional intelligence.2. Compare and contrast the difference between high and low EQ on IPCP teams.
Team Member Role in Creating an Effective Climate and Culture	<ol style="list-style-type: none">1. Assess elements for effective team climate and culture.2. Review impact of civility, self regard and vulnerability of team members on team culture.3. Identify three strategies for each team member to use to improve effectiveness of their culture.
Team Member Resiliency	<ol style="list-style-type: none">1. Examine the evidence related to compassion fatigue and burn-out on patient outcomes.2. Develop a self-care action plan for increasing personal and career resiliency.
Reflection and Close	<ol style="list-style-type: none">1. Reflection of learning.2. Establish three priorities for action.



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IPCP Team Skills for Students Day 2

Daily Objective: Examine how individual characteristics and personality impact teams and experience team-building through physical, and communication exercises.

Title	Objectives
Morning Huddle	<ol style="list-style-type: none">1. Building relationships for engagement in a safe learning environment.
Challenge Course	<ol style="list-style-type: none">1. Orient to Challenge Course and safety instructions2. Complete experiential high ropes exercises focused on self and team trust.3. Debrief Challenge Course exercises for physical and emotional aspects of the experience.4. Debrief Challenge Course exercises using concepts of being a member of healthcare team.
Understanding Personality behavior and Impact on Teams: DISC	<ol style="list-style-type: none">1. Apply personal participant behavioral work-style to working in teams.2. Examine the four different behavioral styles, strengths and blind spots.3. Identify opportunities to use personality strengths to improve team performance.
Effective Team Member Communication	<ol style="list-style-type: none">1. Examine the critical elements for effective communication.2. Explore barriers and filters preventing effective communication within healthcare teams.
Using Scripting and Cognitive Rehearsal to Improve Communications in Teams	<ol style="list-style-type: none">1. Identify strategies for writing new scripts.2. Practice cognitive rehearsal and scripting conversations and feedback within healthcare teams.
Closing Exercise and Celebration	<ol style="list-style-type: none">1. Pull together all concepts related to being an effective team member2. Complete post-test IPCP Assessment3. Celebrate learning and take-aways