



COLORADO CENTER
for Nursing Excellence

Session 1

Preceptor 101

January 30, 2020

Callie Anne Bittner MS, RN, Coach-CTI

Project Director, Clinical Scholar, Affiliate Faculty

callie@coloradonursingcenter.org

WHY Precept?



WHY...



WHY...

BENEFITS OF LIFELONG LEARNING



NURTURES
CURIOUS MINDS

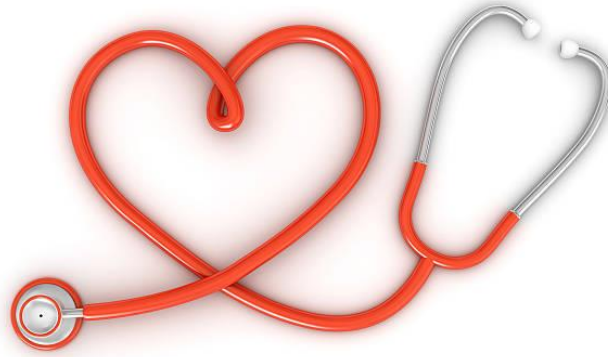
OPENS MINDS
AND INCREASES
WISDOM

BUILDS NEW
SKILLS,
IMPROVES
THOSE YOU
ALREADY HAVE

IMPROVES
MEMORY AND
INCREASES
SELF-
CONFIDENCE



What is it to BE a preceptor?



Rewarding




Part of the solution

Turn around past bad experiences

Future team member?

What is in it for ME?

How can I streamline while precepting?



Communication!

- Establish expectations early (logistics, quality of prep work, professionalism...)
- Establish a “code-word”
- Huddle
- Feedback is necessary for growth and evaluation (Early and often!)

Streamlining...



- Student should do self assessment and understand their style and needs.
- Encourage independence!
- Enroll the team: *everyone* matters, *everyone* has wisdom to offer.
- Shadow only with a *purpose*.
- Be realistic, have awareness.

Summary

Why precept?

What is it to be a preceptor?

What is in it for me?

How to streamline while precepting?

**Now, let's break out into groups and
discuss the following:**

Discussion....

Think back to your favorite preceptor...

- What was your first impression of them?
- What did they do that created a positive learning environment?
- How did they streamline while precepting?

Discuss your experience and how you want to be as a preceptor in these categories.

Set your intention.

How do you want to BE as a preceptor?

