COAC Agenda/Meeting Minutes Rec. #1: CREATING A SHARED AGENDA October 11, 2022

Attendance:

Deb Center, Cheryl King, Erika Greenberg (Secretary), Lynn Hoskins, Amy Simons, Phyllis Graham-Dickerson (Chair), Mauritha Hughes, Stacy Miller, Amber Johnson

Statement of Purpose This committee is responsible for reviewing and gathering information data and resources to support these sub aims:

- 1.3 Across nursing organizations: Leverage expertise in care coordination and care management
- 1.5 External to nursing organizations: Use communication strategies to amplify health-equity related issues.

Speaker & Committee Function	Agenda	Action Items
The purpose of today' Introduce Sta	s meeting: cy Miller from CDPHE – learn about CDPHE initiatives (Baby Friendly Initiative) al/External Bias, possible Bias Training	
this group?	Initial PreWork: https://docs.google.com/presentation/d/11oWwOx5QfZjid50vLCbfRrWb4-SV xPsVg1Jbdlcftml/edit?usp=sharing	Aurea to set up either dropbox or google drive (see what other groups are doing)
Focus and Process	Click to See Focus and Process Plan	
Literature Review	Click to See Literature Review	
Organizations	Click to See Organization List	
Welcome	Stacy Miller – <u>CDPHE (Baby Friendly Initiative)</u> Amber Johnson - <u>CPCQC</u>	Added to calendar invite and distribution list
Baby Friendly Initiative Overview	The Colorado Baby-Friendly Hospital Collaborative helps Colorado improve breastfeeding rates and practices by helping maternity hospitals achieve Baby-Friendly designation.	
	 13 hospitals in CO have Baby-Friendly Designation (3 in process) Process: 3-5 years, annual review, Q5Y renewal, new staff training (80% of staff must be trained) 	
	 Large focus on lactation/breastfeeding (90% of pt are breastfeeding at dc) Education on benefits of breast milk (increased family health, decreased obesity, decreased NEC, decreased cancers) 	
	◆Long Term Big Picture Benefit: Breastfeeding can save 3 million lives and billions of dollars on future health related issues	
	 Barriers for getting hospitals certified: providing fair market value of formula, money for paying staff training/time (working to make trainings free), "Big Pharma/Formula" 	
	Support Groups: Education to encourage use of support groups at hospitals even if they did not deliver at that hospital	
	◆Focus is on Medicaid Hospitals, so initiatives reach the right population	

	Bias/Stigma Discussion Black and White express desire to breastfeed at same rate (98%), but Black less supported especially after dc Stigma exists that black women do not want to breastfeed Mother expected to ask for what they need – takes ownership off provider White women need to be aware of inherent bias Women are asked more about breast feeding intrapartum and postpartum
	 Hispanic breastfeeding has issues with delayed breastfeeding and supplemental formula feeding to "get vitamins" – need messaging and education MamaBird Mother's Milk Bank Colorado Toolkit for Breastfeeding Black Breastfeeding Disparities
Additional Resources	Harvey Cohen MD Maternal Morbidity & Mortality Summit 2022 Leadership Diversity Conference
Focus for Next Meeting	Next meeting November 8, 2022 Join Zoom Meeting ID: 83906082280 Passcode: 528997 Presentation from Amber Johnson with CPCQC

FOCUS AND PROCESS

- 1.3 Across nursing organizations: Leverage expertise in care coordination and care management
 - Gather Data: Focus location (Colorado/Region/City), What is being done for SDoH in the region
 - Educate: Educate committee on topic and current available resources, including what organizations are currently doing
 - Identify care coordination strategies to mitigate maternal child health disparities
- 1.5 External to nursing organizations: Use communication strategies to amplify health-equity related issues.
 - Gather Data: Identify organizations and what is being done currently
 - Educate: Educate committee on organizations and existing programs/communication
 - Identify best strategies to communicate information out and improve health equity issues

LITERATURE REVIEW

Erika – Ethics of Perinatal Care for Black Women (Karen Scott) in JPNN. Measures – "Mother's Autonomy in Decision Making Scale" and "Mother on Respect Index" https://pubmed.ncbi.nlm.nih.gov/31021935/
Documentary – "After Shock" on Hulu in July

JDV - Shared this RFA to reduce M&M, Lynn submitted to this grant

https://cdphe.colorado.gov/community-solutions-to-prevent-maternal-mortality-rfa-35375

6 in 10 deaths from suicide or SUD

While Colorado's rate and the number of deaths are lower than the national average, the state's rate has nearly doubled since 2013. Between 2014 and 2016, there were 94 deaths, seventy-two of which (76.6%) were determined to be preventable by the <u>state Maternal Mortality Review Committee</u>. Mental health and substance use contributed to nearly six out of every ten deaths, with Native American populations experiencing the most disproportionate impact in Colorado.

The MMPP identified three major pathways through which maternal mortality can begin to be addressed:

- Increasing social connectedness and the ability of pregnant and postpartum Coloradans to feel connected, supported and a sense of belonging.
- Increasing economic security or mobility among pregnant and postpartum Coloradans.
- Increasing the community's collective capacity (people, resources, or infrastructure) to care for and support pregnant and postpartum individuals, formally and informally.

Mauritha – Several Websites:

State level data on Maternal and Child M&M https://leg.colorado.gov/bills/hb19-1122

Work to bring attention to racism

https://birthequity.org/

Reversing U.S. M&M Crisis

https://www.aspeninstitute.org/publications/reversing-the-u-s-maternal-mortality-crisis/

https://coloradomaternalmentalhealth.org/who-we-are/work-in-action/

Policy Changes

https://mcusercontent.com/44ea43b4394f068d4b6049b90/files/3b818c9b-9544-4451-012f-fe3069ba5ed9/Colorado PMHA POC Flyer.pdf

Deb – Found 5 articles to help us understand the effect of racism on Maternal and Child Health, will share when we have a shared electronic space.

Amy - had 2 articles she uses with students to understand birth outcomes directly effected by racism (prematurity, breast feedings, loss)

The second is PTB affected by stress and placental implantation.

Phyllis – https://www.cdc.gov/nchs/data/hestat/maternal-mortality/2020/maternal-mortality-rates-2020.htm
Non Hispanic Black women death rate 2.9 times greater than for Non-Hispanic White women, might be getting worse, not better

Cheryl - has articles on COVID, SDOH and COVID and

Another article on adverse outcomes in adolescence – finding adolescence and rural residency linked to poorer outcomes.

California also has a very active maternal quality care collaborative; look at the QI Initiatives and Research tabs. https://www.cmgcc.org/

Black Maternal Health Momnibus Act of 2021

https://www.congress.gov/bill/117th-congress/house-bill/959

Health First Colorado Maternity Report

https://hcpf.colorado.gov/sites/hcpf/files/Maternity%20Report%20-%20Sept2021.pdf

HCPF Health Equity Plan

https://hcpf.colorado.gov/sites/hcpf/files/2022%20HCPF%20Health%20Equity%20Plan.pdf

HCPF 2020-21 Annual Report

https://hcpf.colorado.gov/sites/hcpf/files/HCPFAnnualReport2020-21.pdf

ORGANIZATIONS

Colorado Nurses Association - Welcome Carol O'Meara

CCNE Community Advisory Council as the representative from Colorado Nurses Association. CNA would like to increase our efforts in the area of health equity, but at this point we do not have any specific work in this area. Would like to help with legislation and/or policy support.

Structural and Social Determinants of Health and Maternal Morbidity and Mortality – Brie Thumm

(brie.thumm@cuanschutz.edu)

https://youtu.be/q73-BnM6QD8

Slides from Jennifer in email dated: 8/16

CDPHE – Welcome in October to Stacy Miller

Dietician with Baby Friendly Hospital Initiative

https://cdphe.colorado.gov/baby-friendly-hospital-initiative

Colorado Perinatal Care Quality Collaborative (CPCQC)

Cheryl working with Amber a midwife and QI coach

https://cpcqc.org/

Organizations -

https://www.awhonn.org/

AWHONN in CO is working on reviewing M&M rates, especially related to racism and COVID

http://nann.org/

https://www.coloradopublichealth.org/public-health-nursing

Faith Community Nursing (Parish Nursing): https://fcnrockies.org/

https://www.illuminatecolorado.org/

https://cdphe.colorado.gov/mchcolorado

https://www.napnap.org/

Resources

Alliance for Innovation on Maternal Health

https://saferbirth.org/

ACOG

https://www.acog.org/advocacy/policy-priorities/maternal-mortality-prevention

https://www.acog.org/community/districts-and-sections/district-ii/programs-and-resources/safe-motherhood-

<u>initiative</u>

MMRC

https://www.guttmacher.org/print/state-policy/explore/maternal-mortality-review-committees